Parkstone United Reformed Church



The people of Parkstone United Reformed Church are here to share God's love for all through welcome, service & care.

Weekly Notices – Sunday 08/11/2026

4th Sunday before advent
REMEMBRANCE SUNDAY

Remembrance service with Communion will be led by Linda Pain at 10:30am.

Services every Sunday at 10:30am
Communion on the 2nd Sunday of the month
Morning Prayer Monday, Wednesday & Friday at 11:30am



Children & Families Work - Currently on hold

Explorers – Sunday 10:30am whilst parents/carers are attending the Sunday Service (Term-Time only).

Messy Church – Every 4th Wednesday of the month 3:45-6:00pm. Suggested donation £2.00. For information, please contact Catherine Phillips, our Children & Families Worker, at cafw_parkstoneurc@yahaoo.com or phone 07486 375104 **Currently on hold**



Personal Reflection - It is our hope that the following words will be a source of comfort & inspiration.

Breathe. Inhale perfect peace.
Exhale all that stifles, shames or shackles.
Breathe. Let gratitude flow from deep places.
Carla Grosch-Miller



Collect Prayer

God of glory, touch our lips with the fire of your Spirit, that we with all creation may rejoice to sing your praise; through Jesus Christ our Lord.. **Amen**

Please pray for:

Dave's family at this time	Dee	Val
Sue, Peter & Monica	Tom	Jude
Martin's family	Ali's family	Julia
Malcolm & his family at this difficult time	Julie & Jordan	Anthony & Rita
Joan	Mark Dyde recovering slowly after a stroke	Catherine & Eva
Elaine & Sarah	Robert Windle on long road to recovery in hospital	Lisa and her family
Sheela's family		Sara
		Mark



Pastoral Support

Please don't feel alone; we are here to help or to signpost support services. Phone Mark on 07980 002676 or email purcoffice@gmail.com. The Church & Chaplaincy Team pray daily & welcome any requests.

If you would like to receive weekly emails from Parkstone URC, please email the office.

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Dorset Community Foundation

What's On

Morning Prayer in the church	**Monday, Wednesday and Friday** at 11.30-11.45am
REMEMBERANCE DAY	Wednesday 11th November gathering between 10.50-11.05am in the main church.
Bible Study	Monday evenings 6:00pm at Longfleet Baptist Church. Contact Mark Phillips to confirm.
PURC Social at the Shah	Tuesday 1st December 7:30pm.
Hilfield Friary, Dorchester DT2 7BE	Next trip is on **Thursday 5th November ,** leaving PURC at 9am, take a packed lunch, cost £5-£10 donation to Hilfield. Plus, donation for transport if you want a lift.
Citizen's Advice	They are now back at **Poole library.** Appointments start 10am so arrive by 9am to book your slot. Monday-Thursday
The Living Room	Join us for a chat & activities. Book, CD & Clothing Exchange. Monday, Wednesday & Friday 10:00am-2:00pm. Hot drinks & cakes are available for a minimum donation of £1.00.
The Pantry	Members can shop for a fraction of the retail price. Monday & Friday10:00-2:00pm.
The Community Fridge	Short-date food items available to anyone who needs them. Donations welcomed. Monday, Wednesday & Friday10:00-2:00pm.
The Community Meal	A two-course meal is available Monday, Wednesday & Friday 12:15-1:30pm. Suggested donation is £5.00-£8.00 for adults. Meals for children are free. A free meal is available for non-paid carers. **NO COMMUNITY MEALS W/C 16th NOVEMBER (16th, 18th, 20th NOV)- APOLOGIES FOR ANY INCONVENIENCE CAUSED.**
Poole Food Bank Satellite	E-vouchers & emergency food parcels are available for those meeting eligibility criteria.
Art Group	Monday 10:30am-12:00pm. All welcome.
Tai Chi	Every Friday 4:30-5:30pm. Contact Robert for details & bookings at Robert@elemental-taichi.co.uk or phone 07962 942900. Free spaces available for Pantry members.
Meditation Practice	10.30-11.30am in the Middle classroom For more details contact Imelda Herrero imeldalewis@gmail.com Tel: 07962 942900. has returned, next session is in Middle classroom on **Friday 6th November**
Yeatmans funeral directors	Coffee morning and chat with them in the main church from 11am-1pm. **Friday 6th November** then **Monday 16th Nov**

See the 'What's On' for more activities

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Mark Phillips – Centre Manager & Community Worker: 07980 002676
Barbara Carter – Church Secretary: 01202 749247
Treasurer – Leah Harley: 07598 319169